

## **LONG-TERM CARE COMMISSION**

October 23, 2006

Michigan Home Health Association  
2140 University Park Drive – Ste 220, Okemos  
1:00 pm – 4:30 pm

### **DRAFT MINUTES**

**COMMISSIONERS IN ATTENDANCE:** Marsha Moers, RoAnne Chaney, Christine Chesny, Linda Ewing, Andrew Farmer, James Francis-Bohr, William Gutos, Dohn Hoyle, Sandra Kilde, Yolanda McKinney, Jon Reardon, Wendall Stone,

**COMMISSIONERS ABSENT:** Reverend Charles Williams II, Toni Wilson, Hollis Turnham, Bill Mania

**EX OFFICIO AND OTHER MEMBERS IN ATTENDANCE:** Mary Ablan, Peggy Brey, Sharon Gire, Patrice Eller, Vicki Enright, Michael Head, Priscilla Cheever (for Slocum)

**HANDOUTS:** Tentative Agenda, Minutes from September Meeting, Task Force Recommendation #4 Progress Report, Task Force Recommendation #8 Progress Report, Questions and Answers from the September Michigan's LTC Connections (Single Point of Entry) Informational Forum, Schedule of 2007 LTC Commission Meetings, Summary of Michigan's Money Follows the Person Demonstration Grant Proposal, Draft Templates of State Profile and Summary of Project and Demonstration Funding Request, Draft Letter of Support, Notice of November Michigan's LTC Connections Informational Forum (Single Point of Entry)

**Call to Order, Welcome, Introductions, and Announcements-** The meeting was called to order at 1:20pm by the Chair. Members of the Commission, Ex Officio representatives, and the public introduced themselves.

**Approval of Agenda** - The tentative agenda was amended to include the Single Point of Entry Evaluation presentation by Carol Barrett (Evaluation Contractor). Motion to approve amended agenda by Chaney, second by Ewing. Amended agenda approved by voice vote.

**Approval of Minutes** - Motion to approve by Chesny, second by Chaney. No changes. The minutes were approved by voice vote.

### **Update of Office of Long-Term Care Supports and Services –**

- Michael Head introduced Gloria Lanum as new to the Office. She will be working on personnel issues. It is hoped the Office will be full staffed by the end of the year.
- The Office hosted a Nursing Facility Transition Informational Forum at LCC West Campus on Wednesday, October 11. It was attended by approximately 95 persons and was positively received. Attendees included consumers, providers, State staff, and other stakeholders. The Office anticipates hosting another such forum in a few months.

- Deficit Reduction Act - Money Follows the Person Grant - Michigan is hoping to submit this grant on November 1, 2006. It provides enhanced federal match for services provided to qualified individuals that are transition from nursing facilities to community settings. The Office hosted two Nursing Facility Transition Round Table Focus Groups on October 18, one for consumers and one for providers. If Michigan is awarded this grant, consumers and other stakeholders will be invited to provide input on the development of the operational protocol required by the Centers for Medicare and Medicaid Services.
- Systems Transformation Grant – Grantees are required to conduct strategic planning, a 6-9 month process that will be initiated in January 2007 using a standard format provided by CMS. Strategic planning will include the input of consumers and other stakeholders, including members of the Commission.
- Michigan's LTC Connection (Single Points of Entry) Informational Forum - The Office held its second forum on September 25<sup>th</sup>. A Questions/Answers document was provided to Commissioners. These forums will continue monthly for the foreseeable future.

## **New Business**

**2007 Meeting Schedule** – A proposed 2007 meeting schedule was distributed. After brief discussion, it was decided to accept this schedule and adjust as necessary in the future.

## **Old Business**

**Single Point of Entry Evaluation Presentation** – Introduced Carol Barrett of So What? Planning and Evaluation, who has been contracted to develop an SPE evaluation plan. Carol provided an overview of the approach she'll take in development of an SPE evaluation plan. She considers herself as an empowerment or participatory evaluator whose role is to facilitate discussion, assist in building an evaluation structure, identify indicators and measures, and recommend data collection methodologies. Input will be solicited from stakeholders, including the Advisory Commission, throughout the development process. The goal is to have the evaluation plan ready for implementation by January 2007. A final evaluation is due in 2008 after the demonstration ends, however, the legislature requires various benchmarks be reported on in the interim. In addition to the systems evaluation, sites will also be conducting evaluation that focuses on quality assurance and quality improvement.

There was discussion regarding the Commission's review of the evaluation tool prior to implementation. It was indicated that there probably would not be one specific tool, but a variety of items such as consumer satisfaction surveys, performance measurement, financial data analysis, etc. The Commission previously identified a subcommittee to work on evaluation. That subcommittee will serve as the liaison to SPE evaluation activities and give approval for implementation. Notes from committee meetings will be shared with Commissioners and progress updates made at monthly Commission meetings.

Initial feedback provided in response to Carol's presentation:

- It would be desirable to conduct analysis that captures the adequacy of the array of services and whether there are full choices for people to access across the entire array. The LTC Connections should not be evaluated in isolation from the entire system.
- Data should be collected on instances when consumer's choice is in variance with that of the caregiver (family) presence.
- Data should be available to monitor whether the demonstrations are adhering to the philosophies of person-centered planning. Tools on caregiver support should be used.

Commissioners are encouraged to contact the subcommittee members if they have specific issues regarding the evaluation design or proposed process. Subcommittee members include Chaney, Farmer, Head, Moers, Slocum, Wilson, and a DHS representative.

**Long-Term Care Commission Retreat Subcommittee Update** - The full subcommittee (comprised of Executive Committee members) was unable to meet, but Chaney and Turnham had a discussion regarding the retreat. Per their initial discussion, the retreat should:

- center around the January 2007 meeting, either Sunday/Monday or Monday/Tuesday, starting late the first day and continuing until late afternoon the second day
- be an overnight, depending on the budget
- be at a non-government location in Lansing
- include breakout sessions, if necessary
- include individual expertise and philosophies
- include a shared vocabulary
- tackle two hard long-term care issues
- utilize a trained, external facilitator (Turnham suggest PHI's Maureen Sheahan)
- comply with the open meetings act/criteria
- be scheduled soon so Commissioners can free time on their calendars

The purpose of the retreat is to plan and prioritize Commission work for the upcoming year. Commissioners expressed a need to broaden their collective knowledge of long term care issues and generate enthusiasm in addressing them. Head will discuss the retreat and budget possibilities with DCH Director.

**Deficit Reduction Act - Money Follows the Person Grant Update** – Michael Daeschlein provided a summary of this grant and draft budget proposal (handouts). The purpose of the grant is to assist individuals in transitioning from institutional to community settings, and to address policy and practice barriers that prevent benefits from following the consumer into the long term care setting of choice.

Discussion reflected that:

- The number of current transitions is declining as MIChoice waiver agents have realized the up-front costs of a transitioned consumer are too great to recoup through existing payment methodologies for the waiver.
- The DRA/MFP grant addresses nursing home level of care programs and does not include expenditures for home help.
- The Department is proposing to transition 2,500 persons over the life of the grant. This number is based on historical transitioning initiatives. It is limited by the amount of general funds that may be available for state match purposes.
- The grant will not specifically address increasing the MI Choice waiver per diem rate. Doing so is a state policy decision rather than a federal grant component.
- Through this grant, the Department will explore the impact of providing waiver services in licensed settings (HFA, AFC). It is desired that such settings should be considered an option for consumers, not just as an alternative to nursing facility services but as an accessible component of the full array of long-term care services.
- It is unlikely the grant will address the spenddown issue. This very complex issue may be considered in the 2007 MI Choice waiver renewal.
- Decisions about how “savings” realized by serving people in less costly settings will be reinvested have not been made. Two alternatives under consideration are to increase MI Choice provider rates or increase the number of consumers served by the program.
- Housing continues to be a barrier to transitions. If there is no place for the consumer to go, why pursue this grant? The grant sets limited eligibility criteria. Based on a review of past transition data, it is expected that few of the consumers who meet the criteria will require housing.
- Approval of this grant does not limit the Commission’s concept of acceptable settings for transitions. Nor does it replace existing efforts at transitioning.

The Office is requesting a letter of support from the Commission and provided draft language. Motion to approve by Hoyle, seconded by Chaney. Motion approved by voice vote.

**Public Comment** - Cyndy Viars noted that the Centers for Independent Living were not specifically listed as partners on the development of the evaluation and suggested they be included as stakeholders in local discussions. Many of the staff and consumers at the local level do not understand person-centered planning. She urges measurement of PCP and an evaluation of how it is implemented at the individual level.

**Progress Reports from the Summer on Task Force Recommendations** - The work on the progress reports is very slow. These will serve as the foundation for discussion at the retreat and used to set Commission priorities. Gire lead a discussion of the progress report for Recommendation #4, Expanding the Array of Options. It was noted that the progress report for Recommendation # 2, Single Point of Entry, needed input before it could be shared with the rest of the Commission. Recommendation #6, Education, has nothing to report at this time.

There was discussion regarding the need to identify individuals (State staff) who can provide input on recent activities and progress made within state government. The Task Force report provides listings of individuals involved in the original Task Force workgroups. It was suggested that some of these individuals could be tapped for assistance in this effort. As a starting point, Commissioners may contact Jane Church for assistance. She can be reached at 517-241-9173 or via e-mail at [churchja@michigan.gov](mailto:churchja@michigan.gov).

### **Commissioner Comments**

- Ewing - The Wall Street Journal has a nice article regarding long-term care in Vermont.
- Chesny - today was a good discussion on the Task Force Recommendations. We need to use the retreat positively and create goals that support the overall plan. The grants are currently providing piecemeal initiatives, but the Systems Transformation Grant should pull those together.
- Kilde - This was a good discussion today. The Commission needs to get energized.
- Chaney - The Task Force Recommendation #5, Prevention, has very scattered information available. This item needs to identify key people to contact.

**Adjournment** - Motion to adjourn by Hoyle, seconded by Francis-Bohr. Motion passed with voice vote.

### **Next meetings:**

November 20, 1pm – 4:30pm, Capitol View Building, Conference Rooms A, B & C

<b>MOTION</b>	<b>FIRST</b>	<b>SECOND</b>	<b>ACTION</b>
Approval of Agenda, as amended	Chaney	Ewing	Passed
Approval of Minutes	Chesny	Chaney	Passed
Approval of Letter of Support for Money Follows the Person Demonstration Grant, as amended	Hoyle	Chaney	Passed
Adjournment	Hoyle	Francis-Bohr	Passed